

**NDINAWEMAAGANAG
ENDAAWAAD INC.**

**ANNUAL
REPORT
2022**



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EXECUTIVE DIRECTOR'S REPORT



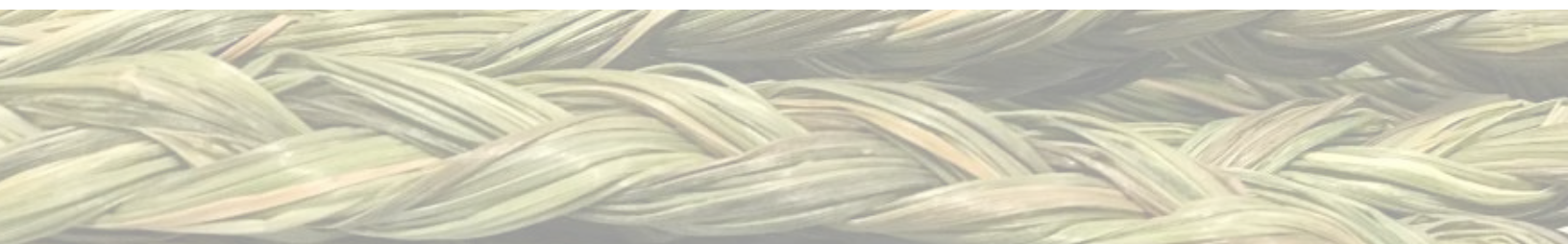
Welcome to Ndinawe's 28th Annual General Meeting, "Biigewin" which is Ojibway for "Coming Home".

This year has been a year of reflection and planning for the future of Ndinawemaaganag Endaawaad. We have focused on the original purpose of Ndinawe in conjunction with the current needs of the youth we serve. Our Elders have provided guidance and direction reminding us of the importance of being true to who we are as Indigenous peoples and being led by our traditional ways of being and knowing. We are truly Coming Home.

I would like to express my heartfelt appreciation to the entire Ndinawe team for being Good Relatives and demonstrating their commitment to our youth. I am honored to recognize several members of our Ndinawe family who are celebrating milestone anniversaries with us this year: Brolin Kipling and Sara McIvor Prouty who are celebrating 5 years, Gloria Beaulieu celebrating 10 years and Pauline Coutu celebrating 20 years. We are so grateful for your dedication and hard work!

I would also like to thank our Board of Directors who volunteer their time to govern our organization, our sister organizations for their support and partnerships, our donors and funders for your generous contribution that allow us to serve our community, and most importantly, to our youth for trusting us to walk alongside you on your journey.

Respectfully,
Shanlee Scott
Executive Director



BOARD CHAIR REPORT



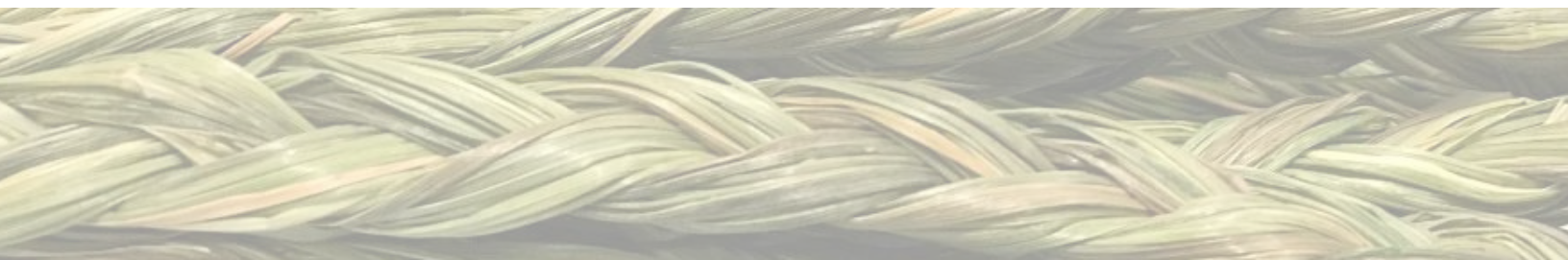
On behalf of the Board of Directors, I would like to extend my heartfelt appreciation and thanks to all staff, volunteers, and members of the Board for their dedication and passion in service of our community, and the many young people who have found shelter, relationship, and strength at Ndinawe over the past year.

I would also like to acknowledge our Executive team and Elders, who continue to provide authentic leadership, depth of vision and caring support for all facets of Ndinawe, despite the many changes and chances that community service brings.

Our foundation of values and commitment to championing the rights and dreams of all young people in our circle provide the heartbeat by which we navigate the challenging but inspiring path of growth and development, from hardship to success and the delicate process of healing the many layers of intergenerational trauma.

I look forward to Ndinawe's future, and the many faces, names, and stories that we will come to know, honour, and serve as they are welcomed into Our Relatives' Home.

Sincerely,
Jordan Bighorn
Chair



NDINAWE SAFE HOUSE

The Ndinawe Safe House is a safe, nurturing home for up to 16 youth ages 11 to 17 who need emergency shelter who might otherwise be vulnerable to negative experiences. Our Safe House is unique as youth can self-refer and do not need to be in the care of Child and Family Services.

Over the past year, staff have been advocating for our youth in many ways, including finding doctors, taking youth to appointments, and supporting our youth through addictions and mental health crisis. Staff have provided guidance to help our youth figure out their addictions and find ways to cope through therapy, counselling, and cultural support from Ndinawe's Elders. We have been working with ANCR, Winnipeg Police Services, and health services to keep our youth safe. Our Elders come in each week to provide traditional teachings, smudging, drum making, and taking our youth to sweats and other outings including medicine picking. The Safe House continues to limit visitors and follow all best practices to try to contain covid and keep our youth healthy. The site has implemented a new way to do bag checks upon arrival to ensure a safer environment for all.

Pauline Coutu, House Manager



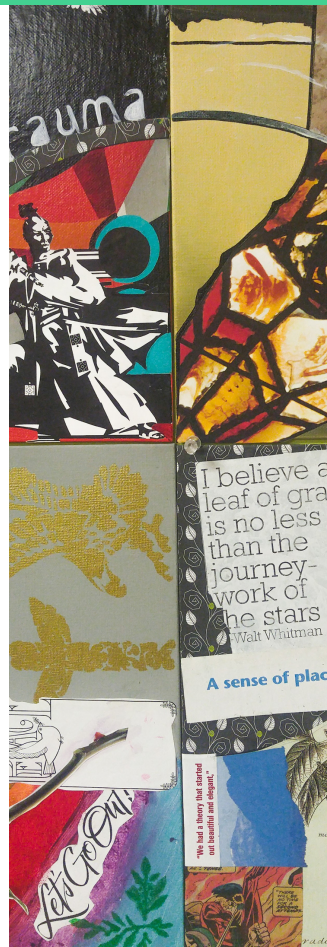
CHU MANITOU TANKA OYATI TIPI, SECOND STAGE HOUSE

Chu Manito Tanka Oyati Tipi continues to celebrate many successes over this past year. We have worked very hard to connect our youths to programs, schools, and/or work. We support our youth through a collaborative, interactive, harm reduction, well-being, and safety lens. The benefit of this approach is our youth are heard, seen, and feel valued. We give them room to make mistakes, we are the soft place where they land, and they can lean on us as they need.

There has been a lot of movement at Chu Manito Tanka Oyati Tipi with youth moving on to places of their own and new youth moving in. We started a cooking in suite program February 2022, it has been very successful. This is helping develop the skills needed to be able to feel confident and sure of themselves while in our program and when transitioning out of Ndinawe's and Child and Family Services' care.

Lastly, we moved the Elders in! They have their own room and space and are welcomed by youth and staff. We also spruced up the building, common areas, outdoor patio, and the youth's bachelor suites. This is to ensure the youth feel safe, in a well maintained, clean, and welcoming milieu.

Jenelle Cass, House Manager



WAZOSON ZAGIIWAYWIN, NEST OF LOVE & CARE

Wazoson Zagiwaywin, Nest of Love & Care, is our resource program where we provide additional supports to assist our youth to the next steps in becoming self-sufficient and independent. We are a no barrier program that practices harm reduction philosophies. The Nest of Love and Care program is a safe place for youth 18 to 24 to access a supportive team that consists of a Systems Navigator, Housing Coordinator, Transitional Support Workers, Peer Mentors, and a Community and Social Services Manager. Our staff develop work alongside our youth who may feel unprepared or who need additional assistance in navigating adult systems.

Wazoson Zagiwaywin provides a supportive and inclusive environment for youth to access resources, participate in workshops, and have their basic needs met including access to showers, personal hygiene supplies, emergency clothing, nutrition, and both computer and phone use. Youth receive support and advocacy from staff in navigating different systems. Our Housing Coordinator assist youth in finding and obtaining affordable housing and eviction prevention.

The youth we serve can access a variety of mental health supports including Indigenous therapists, art and digital art therapy, and connect with our agency Elders and participate in cultural ceremonies and land-based teachings.

Erica Chatelain, Community and Social Services Manager



ODE ZHIGO ODE, HEART TO HEART

Ode Zhigo Ode (Heart to Heart) is a five-year community-driven and research-based program that has focused on creating a teen healthy relationships curriculum from an Indigenous designed lens. The design and implementation of this initiative was driven by a Youth Advisory Council who reviewed and provided input on each lesson. The project is ongoing, and the team has had to be creative in how to build relationships and support the Youth Advisory Council and source new ideas that offer programming online that inspires active participation.

Our Youth Advisory Council consistently met and connected over zoom to review the curriculum. This group was facilitated by the Project Coordinator, Research Coordinator from the University of Manitoba, and Community Knowledge Keeper. Participants were provided with meals from local caterers on meeting nights in a true community of care model. The Project Coordinator provided additional supports through regular deliveries to youth that included medicine basket refills, care kits and hygiene kits. We are supporting our Youth Advisory Council with offerings of land-based meetings.

Sara McIvor-Prouty, Project Coordinator



ode zhigo ode
HEART TO HEART PROGRAM



CULTURAL

We, Heather and Lionel Houston, were happy to join the Ndinawe family and share our traditional knowledge with our youth, staff, and community. It has been a challenging year for cultural programming, particularly in regard to ceremony and participating in ceremony. We managed to hold cultural activities while following and meeting all pandemic related regulations and guidelines. The cultural team has delivered ceremonies including pipe ceremonies, naming ceremonies, bi-weekly sweat lodge, smudging, drumming, singing, teaching, native crafting, holding discussions, and having weekly cultural groups and outings where youth learn about traditions and the history of Indigenous peoples. We have increased access to the rich and vibrant history, culture, and ceremonies within all Ndinawe's programs. We continue to provide ongoing opportunities for youth and staff to meet and discuss Indigenous issues, culture, and traditions. This has made a huge impact on many of our youth and has given them the opportunity to connect with culture and receive guidance and support to make better choices. Youth have found a sense of belonging, started to trust, and felt that they were trusted and valued as a family member, no matter what their past was.

Heather & Lionel Houston, Elders



CHILD & YOUTH CARE CERTIFICATE PROGRAM

Ndinawe's Child and Youth Care Certificate Program is a community-based, academic program offered in partnership with Red River College that provides accredited training to experiential adults to obtain a Child and Youth Care Certificate. Our program not only offers academic training, but also includes life skills training, counselling, and cultural supports to ensure students are successful in the program and transition into employment upon graduation.

2020 proved to be a challenging year for many. In the fall of 2020, the program started with 14 students due to pandemic related requirements, a decrease in participants from the usual 18 to 20. The program began with in-person learning in September; by mid-November a decision was made to switch to remote learning due to new provincial guidelines and the need to keep our students, teachers, staff, and community safe. Moving to an online learning environment proved to be quite a challenge, while students adjusted to learning online the relationship building component of the program became increasingly difficult. The isolation due to the pandemic was very hard for some of our students. Program staff worked hard to maintain relationships with students virtually, checking regularly through zoom during the school day and into the evenings. Staff were, and continue to be, dedicated to supporting our students and helping them achieve their goals and watching them succeed. We could not be prouder of all that each of our students has accomplished in a particularly challenging year.



TINA'S SAFE HAVEN, 24/7 SAFE SPACE

Tina's Safe Haven is a youth drop-in centre that strives to offer a safe space 24 hours a day, 7 days a week.

While our main goal is to provide supports and services targeted at harm reduction, crisis intervention and stabilization, we also have an extended team of professionals that provide counselling, cultural programming and supports, case management, nutrition and food services, and resources.

We have a dedicated food services coordinator who provides breakfast and prepares hot meals for lunch and dinner, and even to-go water and snacks to passers-by; a programming team that arranges activities in-house and throughout the city; a professional art studio with kiln, screen printing, and a 3D printer; and our hidden gem, a music lab and studio that is particularly popular with our youth who write and record their own songs.

Visiting workers include nurse practitioners, therapists, cultural helpers, music, and art professionals. Our goal is to always have someone for our youth to speak and work with, to care for their needs, and help fulfill their goals.

Our supportive staff provide support and encouragement, while also ensuring youths basic needs are met, with hygiene supplies, first-aid kits, and clothing basics.

Evan Comstock, Tina's Safe Haven Manager

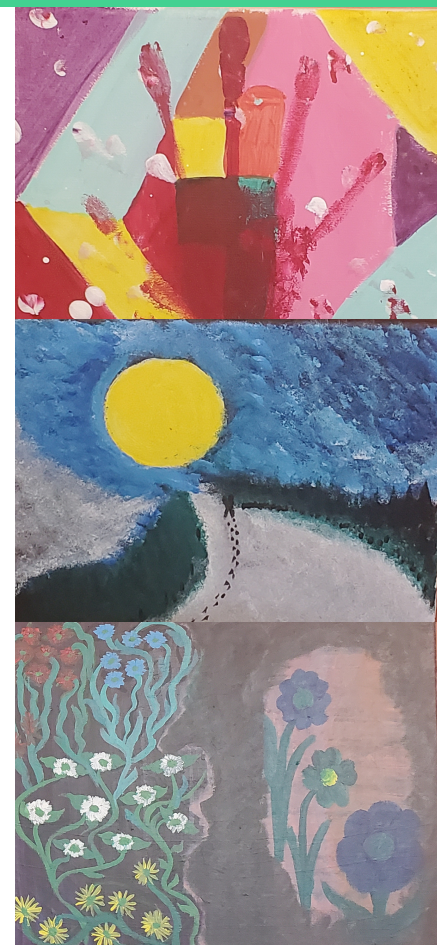
PROGRAMMING AT NDINAWE

Ndinawe's programming encourages and promotes a supportive environment for the youth we serve to address barriers they may be experiencing. The Programs team is responsible for developing programs and strategies to meet the needs of our youth.

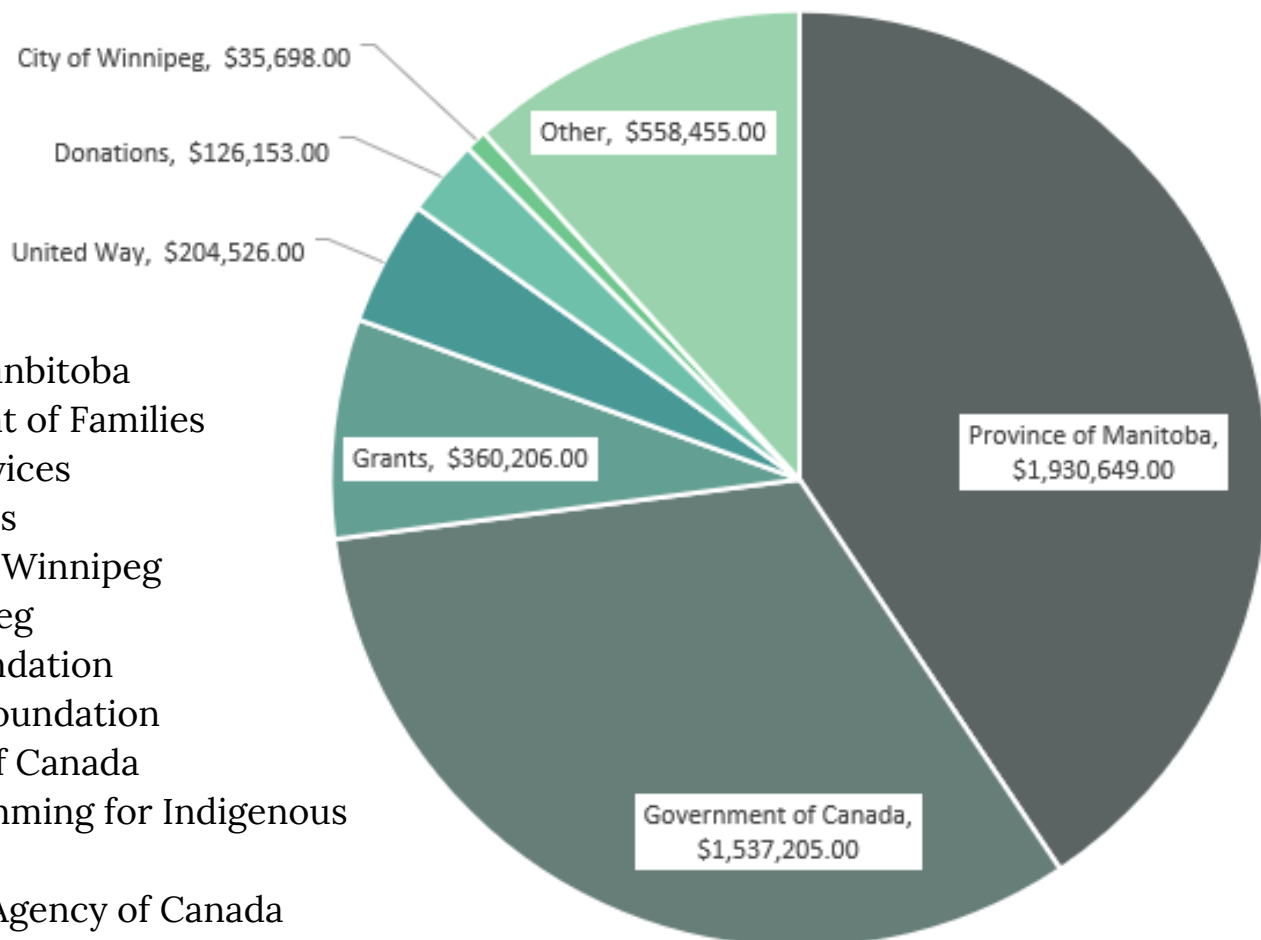
Our team has worked on providing a wide range of activities including physical activity programs, hip-hop music programs, musical instrument and recording studio programs, resume and interview programs, community cleanup program, art therapy, digital art therapy, mental and physical selfcare, gardening programs, as well as offering new and different experiences for youth. Some of the fun programming activities that have taken place over the past year include attending Goldeyes games, Moose games, going to Birds Hill Beach, the Assiniboine Zoo, Narcisse Snake Pits, Grand Prix Amusement Park, bowling, golfing, Folklorama, video game conventions, and the Victory Lane Speedway races.

Ndinawe's Programming team has an ultimate goal of bringing youth together with their community, providing positive outcomes through developmentally appropriate programming, and achieving individualized goals. We look forward to supporting our youth with more fun and engaging activities in the upcoming year.

Alexa Sawatzky, Programs Manager



FINANCIAL REPORT 2022



Funders:

- Province of Manitoba
 - Department of Families
 - Victim Services
 - Lighthouses
- United Way of Winnipeg
- City of Winnipeg
- Winnipeg Foundation
- Peter Gilgan Foundation
- Government of Canada
- Urban Programming for Indigenous Peoples
- Public Health Agency of Canada
- Reaching Home, End Homelessness Winnipeg
- Indigenous Services Canada
- First Nations and Inuit Health Branch
- The Home Depot Foundation
- Manitoba Arts Council
- Centre for Aboriginal Human Resources
- Canadian Women's Foundation

Ndinawemaaganag Endaawaad Inc. would like to thank our funders and donors for your continued support of our youth and organization.

We could not do it without you!

Miigwech! Ekosani! Maarsii! Merci! Thank you!